

Questionnaire

1. What is your Gender, Grade and Major?

2. What are the causes of your negative emotions?

A. academic stress

E. job hunting

B. economic hardship

F. Personality and mood

C. interpersonal relationship

G. love affair

D. family issues

H. others_____

3. How often do you experience emotional fluctuation in school approximately?

A. only a few times in one semester

B. sometimes in one month

C. sometimes in one week

D. almost everyday

4. Whom do you usually want to share with these feelings? Please use a tick (✓) to mark the corresponding cells.

	Happy	Tired	Sad	Angry	Hesitated
Schoolmates					
Professor					
Psychological consultant					
Family					
Friends on the Internet					
Strangers					
None of them					
Others					

5. Are you willing to listen to others sharing their emotions?

6. What will you do if your friends are under pressures?

7. (Scenario interview)

- a. Could you tell me about the last time when you feel bad? Like when you were in a passive emotional status.
- b. How were you feeling? Anxious, under stress, depressed or lonely?
- c. What happened back then and how did you eventually address the problem? Did anyone helped you out?
- d. Do you think talk to some random guy would help or not, and why? Have you ever wished that there's someone to turn to when you are down?
- e. Were you able to handle the passive emotion on your own? Think about this scenario, you were given an opportunity to talk someone about your feelings and problems, and he/she actually was in situations similar to yours, or in a good mood ready share happiness with you, and the whole process would be private and anonymous, what would you do?

8. What do you think of the features in EmoChat? Would you be kind enough to offer us some suggestions?